

SILKY
HONEY

Pure Perfection Purifying Facial Balm

This face balm is packed
with your skin's best
ingredients and brightens your
skin to prevent blemishes
and acne.

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Youthful Glow Facial Balm

With a base of shea butter,
cocoa butter, and madecassol
seal of L, this nourishing
moisturizing balm will soothe
and hydrate dry
or irritated skin.

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Brighter Day Herbal Repair Balm

This Face Balm boosts your
skin's cellular regeneration
to delay any damage caused by
injury, aging or dehydration.

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Fountain of Youth Correcting Balm

The Correcting Balm targets
blemishes on oily, uneven
or blotchy skin,
restores your skin's healthy,
natural balance with this
lightweight formula.

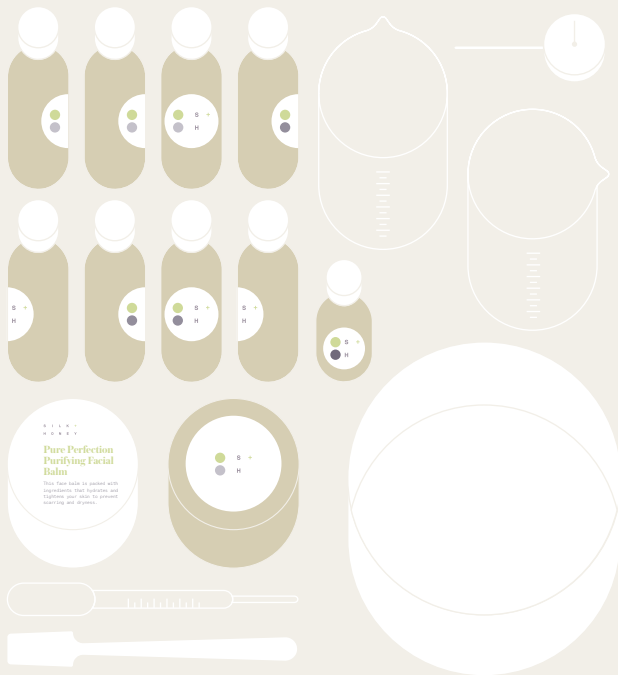
Step-by-Step Face Balm

The balm starts as a liquid before you chill it to balm state. You can enjoy the balm in any form from liquid to solid.

Feel free to keep it in the refrigerator during the hottest months for an extra cool and soothing treat.

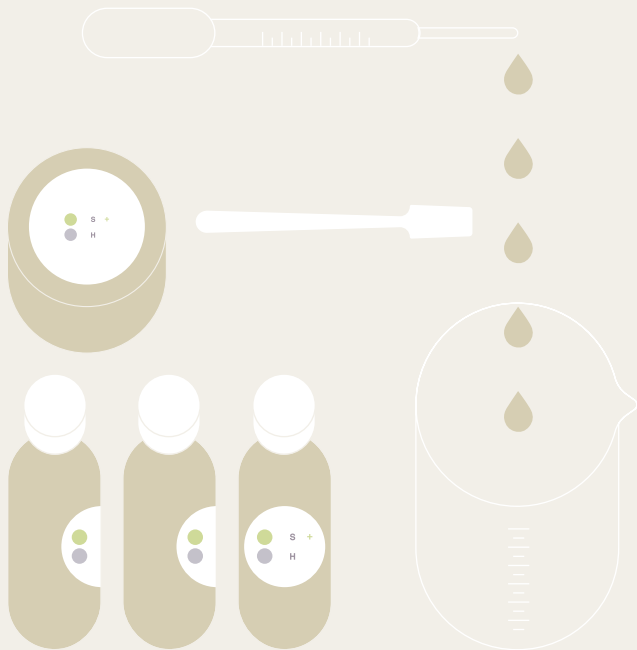
YOU WILL NEED

- 1 Silk + Honey Kit
- 1 Saucepan
- 1 Cooking Thermometer
- 2 Beakers
- 1 Stirring Utensil



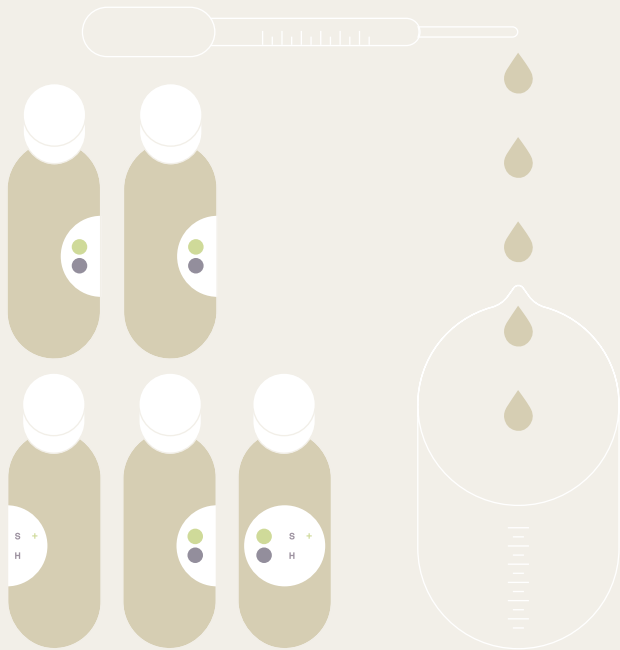
STEP ONE

Add the ingredients listed for PHASE A to one of the beakers.



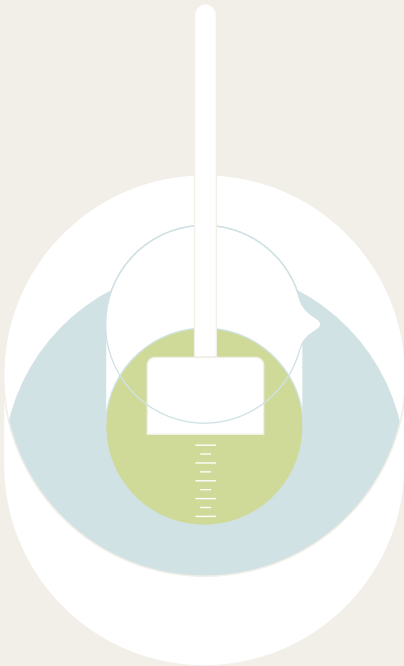
STEP TWO

Add the ingredients listed for PHASE **B** to the other beaker.



STEP THREE

Place the PHASE **A** beaker in a saucepan and add enough water to come about 2.5cm/1inch up the sides of the beaker. Put the pan over a gentle heat until the contents of the beaker have fully melted, stirring occasionally.



STEP FOUR

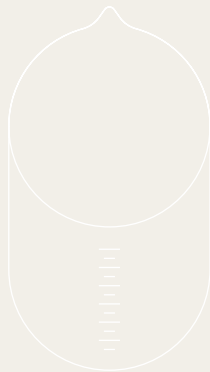
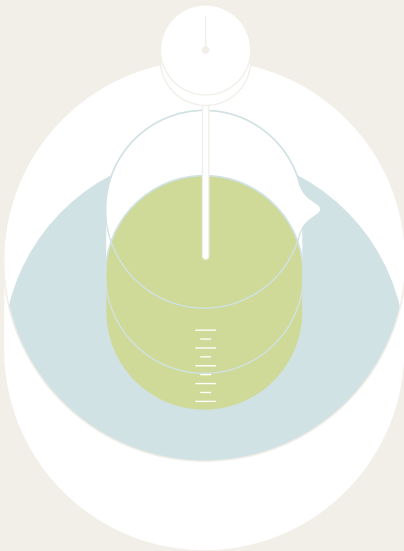
When the ingredients have melted, check the temperature with a cooking thermometer.

When it is below 43°C/100°F, add the

PHASE **B** ingredients

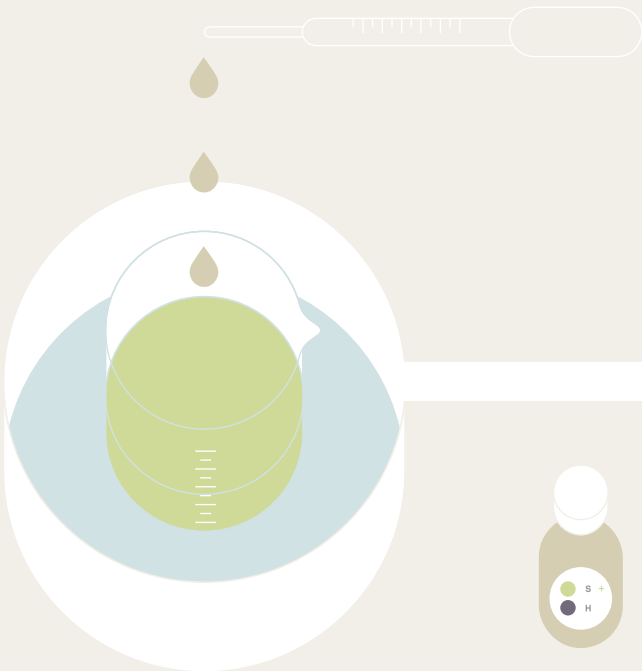
to the PHASE **A**

beaker. Stir the mixture well to bring the ingredients together.



STEP FIVE

Add the PHASE **C**
ingredient and
stir well.



STEP SIX

While the balm mixture is still warm, pour into the jar. Uncovered, place the balm in the refrigerator overnight. Once set, put the lid on the jar.

The balm can melt or change texture when exposed to temperatures at or surpassing body temperature. Should you wish to restore its smooth, solid surface – screw the lid on nice and tight, then place the jar in a bowl of very hot water. When the balm has fully melted, place the warm jar gently into your refrigerator and leave it overnight.

