

SILKY  
HONEY

### Pure Perfection Purifying Facial Balm

This face balm is packed  
with your skin's best  
ingredients and brightens your  
skin to prevent blemishes  
and acne.

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### Youthful Glow Facial Balm

With a base of shea butter,  
cocoa butter, and madecassol  
seal of L, this nourishing  
moisturizing balm will soothe  
sensitive and sun-damaged  
or irritated skin.

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### Brighter Day Herbal Repair Balm

This Face Balm boosts your  
skin's cellular regeneration  
to delay any damage caused by  
injury, aging or dehydration.

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### Fountain of Youth Correcting Balm

The Correcting Balm targets  
blemishes on oily, uneven  
or blotchy-prone skin,  
restores your skin's healthy,  
natural balance with this  
lightweight formula.

# Step-by-Step Face Balm

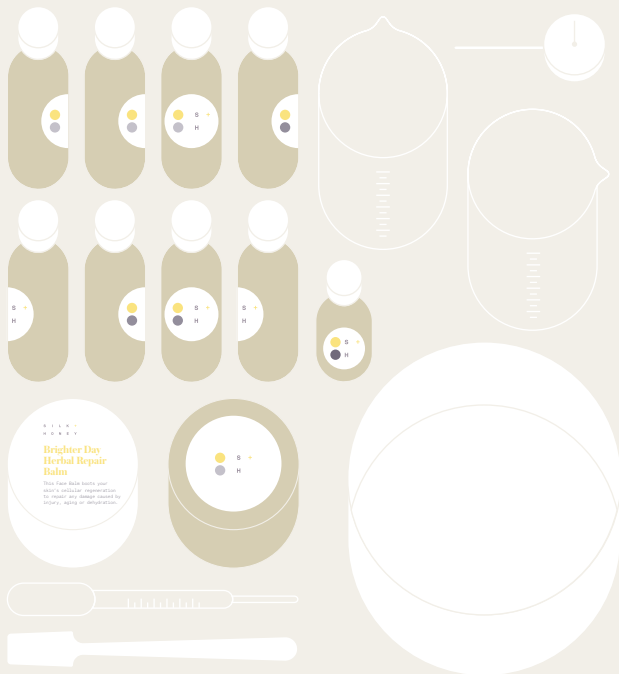
The balm starts as a liquid before you chill it to balm state. You can enjoy the balm in any form from liquid to solid.

Feel free to keep it in the refrigerator during the hottest months for an extra cool and soothing treat.

## YOU WILL NEED

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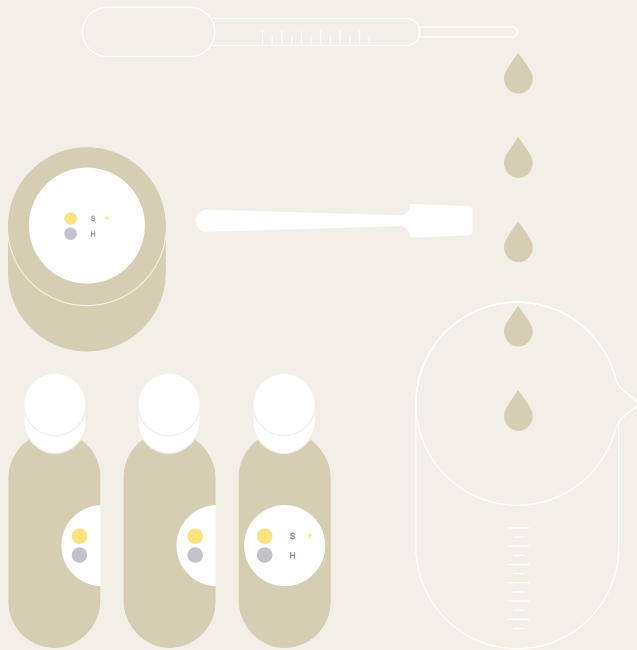
- 1 Silk + Honey Kit
- 1 Saucepan
- 1 Cooking Thermometer
- 2 Beakers
- 1 Stirring Utensil



## STEP ONE

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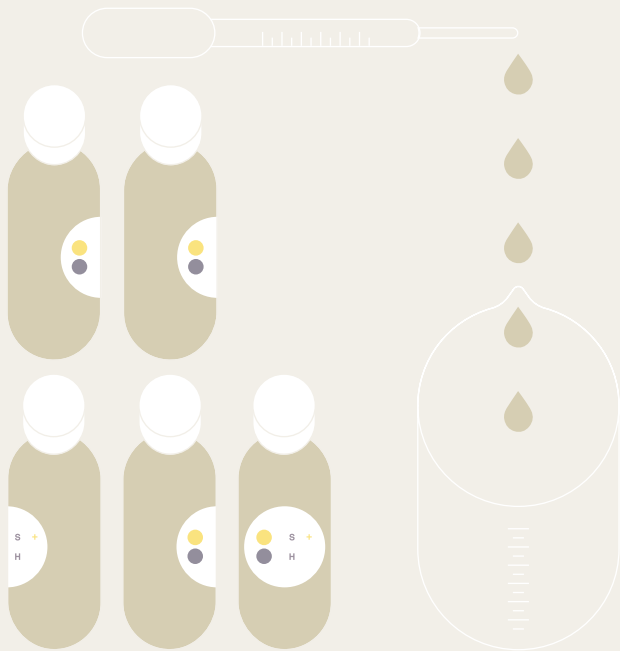
Add the ingredients listed for PHASE A to one of the beakers.



## STEP TWO

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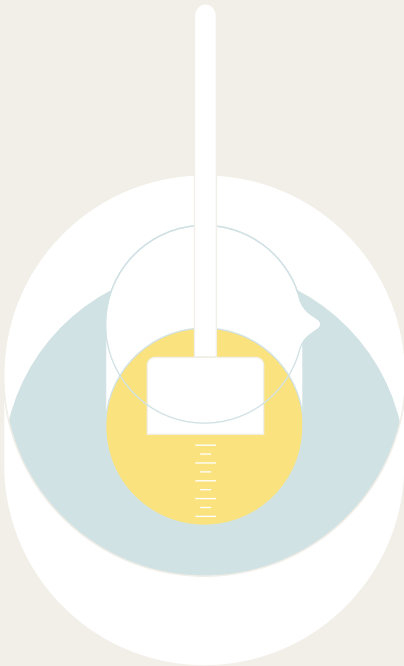
Add the ingredients listed for PHASE **B** to the other beaker.



### STEP THREE

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Place the PHASE **A** beaker in a saucepan and add enough water to come about 2.5cm/1inch up the sides of the beaker. Put the pan over a gentle heat until the contents of the beaker have fully melted, stirring occasionally.



## STEP FOUR

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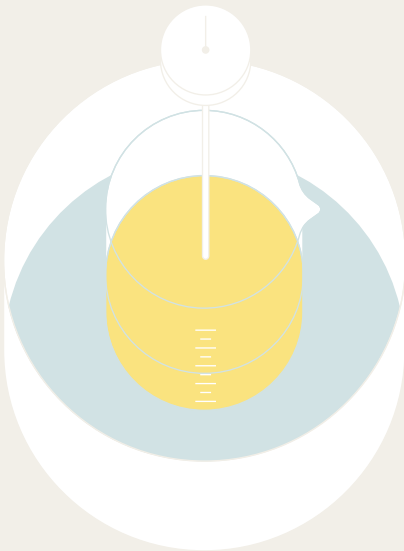
When the ingredients have melted, check the temperature with a cooking thermometer.

When it is below 43°C/100°F, add the

PHASE **B** ingredients

to the PHASE **A**

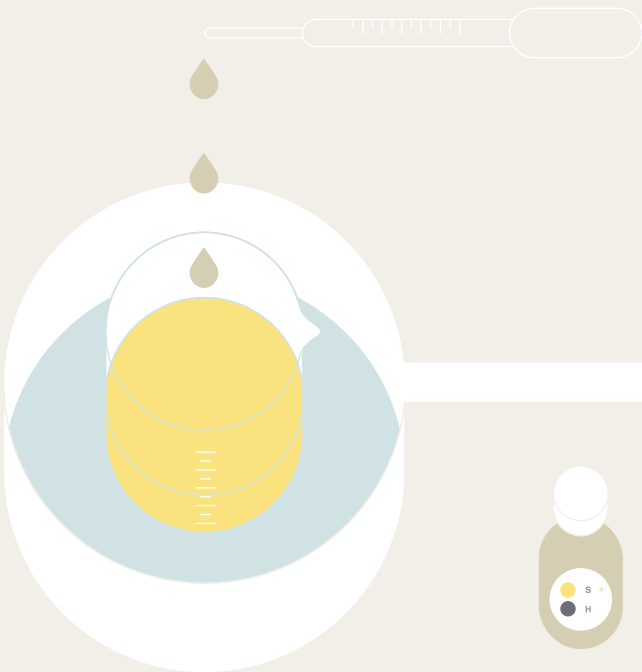
beaker. Stir the mixture well to bring the ingredients together.



## STEP FIVE

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Add the PHASE **C**  
ingredient and  
stir well.



## STEP SIX

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While the balm mixture is still warm, pour into the jar. Uncovered, place the balm in the refrigerator overnight. Once set, put the lid on the jar.

The balm can melt or change texture when exposed to temperatures at or surpassing body temperature. Should you wish to restore its smooth, solid surface – screw the lid on nice and tight, then place the jar in a bowl of very hot water. When the balm has fully melted, place the warm jar gently into your refrigerator and leave it overnight.

